



Expanding TrueMotion™ exercise guidance

Available April 1, 2024

The most responsive and personalized whole-body exercise guidance

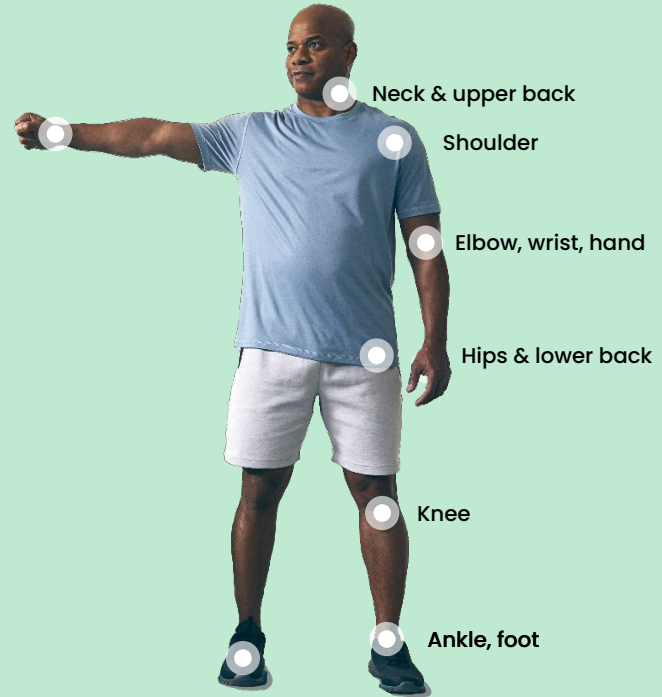


Expanding TrueMotion™ into chronic pathways

What members shared about their TrueMotion experience

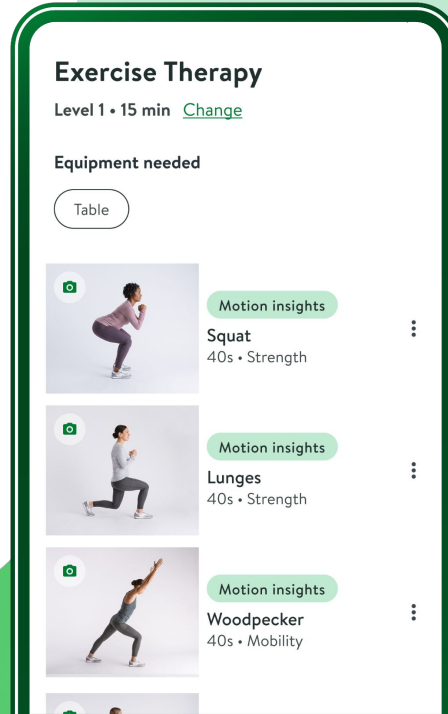
- I prefer the camera guided over the physical sensors, which are cumbersome.
- I like how it could correct my whole body posture.
- I really like the camera-guided exercises. I've never been able to tell if I'm doing moves correctly.
- So nice not having to remember to charge my sensors.
- The technology is amazing.

Q1 2024 All chronic pathways



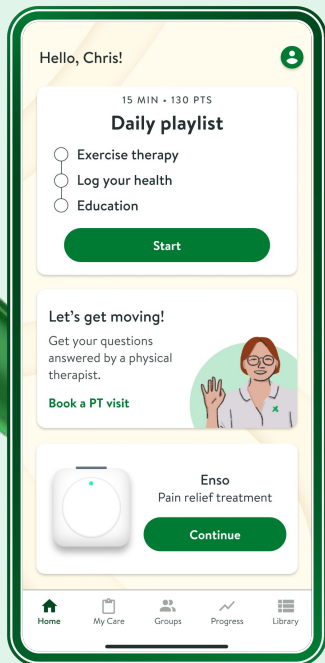
TrueMotion™ technology — unlocks new motion tracking capabilities

- ✔ **Supports full body exercises by** precisely tracking 87 reference points to measure movements that are complex, small, or in multiple parts of the body
- ✔ **Provides in app real-time feedback** and form correction for building members' exercise confidence.
- ✔ **Powers best-in-class remote care** by collecting insights from every TrueMotion exercise session, enabling physical therapists to monitor, adjust and personalize care plans
- ✔ **No hardware required** and can be used anywhere, anytime

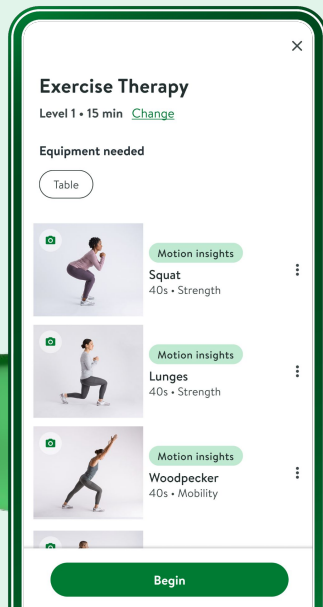


TrueMotion guided exercise experience

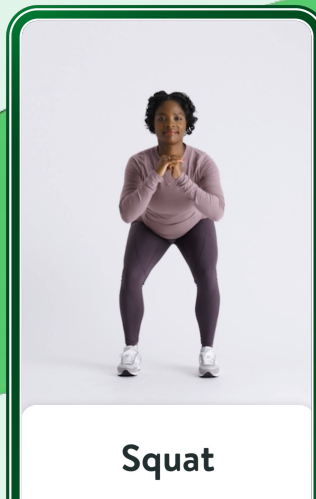
Daily playlist



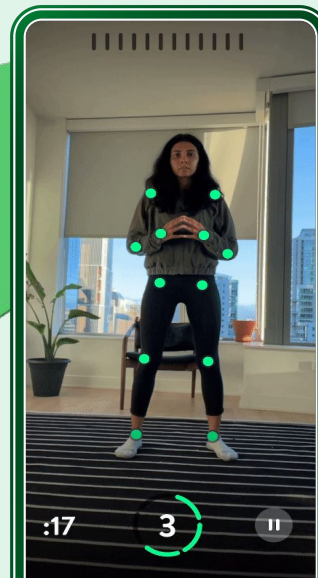
Exercise therapy



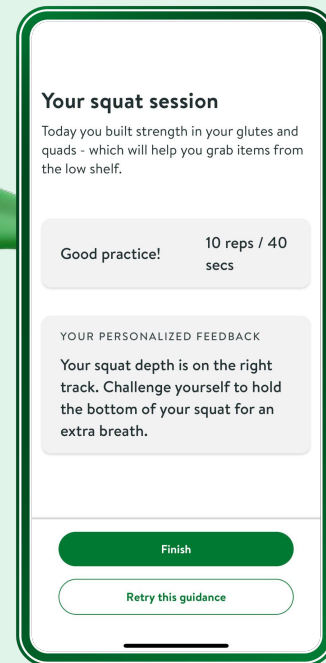
Instructional video



Real-time feedback and rep counting



Exercise completed



Questions?